

MOTHERS HEART UGANDA

END OF 2025 REPORT

PO BOX 182 MBALE, +256702159062/ +256774340214



Mothers Heart Uganda is pleased to present its end of year report for 2025, highlighting our **achievements, future plans and challenges** in our mission to improve maternal and child health outcomes in Uganda. This report summarizes our progress, impact, and financial performance for the **year 2025**.

Mothers heart Uganda was established in 20216 and it stands as a beacon of hope for the residents of Mutoto community in Mbale district. Its inception was rooted in the alarming maternal and child mortality in Uganda. Where 336 out of every 100,000 live birth resulted in maternal death. Mothers Heart Uganda aims to combat these statistics by promoting safe motherhood, enhancing community empowerment and emphasizing for education

As we reflect on the past year, we are **filled with gratitude and joy**. Mothers Heart Uganda has made significant strides in our mission to provide quality education and care to the children in our community. We are thrilled to share some of the highlights from the past year.

ACHIEVEMENTS AND ACTIVITIES:

1. Educational Achievements:

Increased enrollment: Our school saw a remarkable increase in enrollment, with 409 pupils now attending our nursery and primary sections.



P7 graduates: We are proud to announce that all our primary seven pupils passed their final examinations and we are hopeful that they will join secondary school in 2026.

Picture 1: P7 pupils shortly before attending their examinations

My Book Buddy project: We secured funding from My Book Buddy this year and we managed to purchase story books, school bags and cup boards for book storage. These items were donated to enhance the learning experience of the students, fostering a love for reading and learning. It has helped bridge the educational resource gap and created a more engaging and supportive learning environment in Mutoto community. On behalf of all Golden Hill Junior School students we extend our heartfelt gratitude. Your support is a testament to the power of the community and the impact one person can have on the lives of others. Thank you for being an amazing book buddy and special thanks go to Cathy Spierenburg from my book buddy.



Picture 2: New bags for Golden Hill



Picture 3: Reading story books

2. Staff and Operations:



Picture 4: Most of the staff members including teachers, our nurse and the director

Staff salaries: We are pleased to report that all staff salaries were paid in full throughout the year, ensuring that our team can focus on providing quality education and care to our students.

Board Activities including strategic planning: We held 2 board meetings during the year, where we discussed our work plan and sustainability plans to ensure the organization's continued growth and impact. The board reviewed and refined our strategic plan, focusing on key areas that will drive our mission forward and ensure the long-term sustainability of the organization. These meetings and planning sessions have been instrumental in shaping our direction and ensuring that we are well-positioned to achieve our goals.

We are grateful for the commitment and expertise of our board members, and we look forward to continuing to work together to make a positive impact in the lives of mothers and children in our community.

New Partnership with FCDE Project: We are thrilled to announce a new partnership with the FCDE (Foundation for Community Development and Empowerment), which has provided us with valuable support in self-institutional awareness. This partnership has enabled us to strengthen our internal systems and processes, ultimately enhancing our ability to deliver high-quality services to our beneficiaries. The FCDE project has been instrumental in helping us build our capacity and improve our organizational effectiveness. We are grateful for their expertise and commitment to supporting our mission. This new partnership is a testament to the trust and confidence that other organizations have in our work, and we look forward to continuing to build on this relationship in the years to come.



Picture 5: Meeting with FCDE

3. 100 weeks project – Temporary cash for permanent change:

In partnership with 100weeks with support from Wilde Ganzen and Stichting Lot we are now at 53 Weeks of progress. We are happy that women in our program have reached this significant milestone of 53 weeks of empowerment and growth! Over

the past year 2025, they've received over €500 in financial support and participated in all training sessions, gaining valuable skills and knowledge in financial literacy, entrepreneurship, and climate-resilient agriculture. Through interactive training sessions, the women have learned to apply practical skills in their daily lives, including market research, accounting, and budgeting. With the guidance of coaches, each woman is working on creating a personalized business action plan, tailored to their interests and passions. As the women progress through the program, they're experiencing a significant reduction in survival stress. With their basic needs met, they're able to focus on long-term plans, including starting new businesses that will increase their income and help them escape poverty permanently. We're proud of the progress these women have made and are excited to see the impact of their hard work in the second half of the program. With their newfound skills and confidence, they're poised to achieve great things and create a brighter future for themselves and their families.



Pictures 4-6: Women and their businesses

Picture 7: Educational Meeting

4. Medical achievements:

Provision of medical care and advice: Throughout the year, we were able to provide the community with medical advice and treatment, including preventive medical check-ups for pregnant women. We are also proud to have supported 83 young mothers with our breastfeeding project!

Unfortunately, the landlord of the clinic building claimed personal use, so we had to temporarily downsize and relocate the service. Nevertheless, we are proud to have offered the service consistently and continuously and are confident that we will be able to expand the premises again in the new year.



Picture 8: Antenatal visits



Picture 9: Our former rented clinic building

Mothers Heart medical center:

Mothers Heart Uganda is proud to announce the ongoing construction of a state-of-the-art breastfeeding center and community clinic, aptly named "Mothers Heart medical center".





Picture 10-13: Our Clinic from outside and inside – before (left) and after constructing (right)

This project aims to provide comprehensive healthcare services to the Mutoto community, with a focus on maternal and child health. The clinic will cater to approximately 14,000 people, providing them with access to quality healthcare services. By providing a safe and supportive environment for breastfeeding and healthcare services, we aim to reduce maternal and infant mortality rates in the Mutoto community. The Mothers Heart medical center will bridge the gap in healthcare services, making it easier for community members to access quality medical care. Mothers Heart Uganda promotes breastfeeding. The breastfeeding center will provide a comfortable and private space for mothers to breastfeed, promoting the benefits of breastfeeding and supporting mothers in their journey. Breastfeeding support and counseling, immunizations and vaccinations, general healthcare services and health education and community outreach programs. The Impact of Mothers Heart clinic will have a significant impact on the Mutoto community, providing essential healthcare services to thousands of people. By promoting maternal and child health, we aim to create a healthier and more resilient community.

Call to Action: We invite individuals, organizations, and donors to join us in making this project a reality. Your support will help us build a facility that will serve as a beacon of hope for the Mutoto community. Let's work together to create a brighter future for mothers and children in Mutoto!

4. Volunteers Hosting:

At Mothers Heart Uganda, we hosted 7 volunteers from around the world to join us in our mission to empower and support mothers and children in the Mutoto community. Our volunteers got involved in our project work. Volunteers contributed to our projects and programs, working alongside our staff and community members. Volunteers had the opportunity to engage with the local community, learn about their culture, and share their own experiences. We also organized cultural activities and excursions for volunteers to explore the surrounding area and experience the rich culture of Uganda.



Picture 12- 16: Our volunteers in2025

5. Infrastructure Development:

School pit latrine: With funding from "264.educ", we built a four-stanza pit latrine, improving hygiene and sanitation for our students.

School playground: Thanks to a loan of 27,000,000 UGX from Bank of Africa, we were able to buy land to purchase a playground for our school, providing a safe and fun space for our children to play and learn.

School kitchen and cooking stoves: We are grateful for the support that enabled us to build a school kitchen and install cooking stoves, enhancing our ability to provide nutritious meals for our students.



Picture 17: Our new kitchen with cooking stoves inside

FUTURE PLANS

Mothers Heart Uganda has several future plans in place to improve the lives of mothers and children in the Mutoto community. Some of these plans include:

- **Bakery Project:** We would like to implement a bakery project. It aims to familiarise women in the community with a skill, provide them with a secure income, and supply the community and school with freshly baked goods.
- **Secondary School:** In the long term, we would like to establish a secondary school to give the children the security of continuing their education after their primary education. This school will not be located on Golden Hill and will be designed as a boarding school.
- **Expand laboratory services** such that we can improve diagnosis and enhance laboratory capabilities that can lead to more accurate and timely diagnoses. It will enable healthcare providers to make informed treatment decisions. Expanding laboratory services may reduce the need for patients to travel to other facilities for tests, making healthcare more accessible and convenient.

- **Completing the Mothers Heart Community Hospital:** The organization is working to finish the construction of our small medical health center that will provide antenatal care and safe delivery services to women in Mutoto and surrounding areas. We are seeking for volunteers who can help with fundraising and mobilizing hospital equipment and tools.
- **Expanding Healthcare Services:** Mothers Heart Uganda aims to provide comprehensive healthcare services to the community, addressing the high maternal mortality rates in the area.
- **Environmental Conservation:** The organization has launched the "Keep Mutoto Green" initiative, which involves tree planting and educating children about environmental conservation. This program promotes sustainable practices and community empowerment.
- **Empowering Women:** Mothers Heart Uganda has various projects to empower women, including providing education, skills training, and economic opportunities. They aim to reduce maternal mortality and improve living conditions in the community. We would like to continue these projects and, if possible, expand them in the coming year.
- **Welcoming volunteers:** To support our initiatives, volunteers with various skills are welcome to join the organization.
- **Staff house construction at Mothers Heart Uganda:** The construction of a staff house at Mothers Heart Uganda is a vital component of our organization's infrastructure development. The staff house will provide accommodation to our staff members, ensuring they have a safe and comfortable living environment while working on our projects. Providing staff accommodation will help us retain skilled and experienced staff members, reducing turnover rates and ensuring a comfortable living environment will enable our staff to focus on their work, leading to increased productivity and better outcomes for our beneficiaries. Having staff on-site will enable us to respond quickly to emergencies and provide timely support to our beneficiaries. Besides, staff will be able to engage more effectively with the community, building stronger relationships and promoting our mission.

CHALLENGES FACED BY MOTHERS HEART UGANDA

Mothers Heart Uganda is facing several challenges in implementing its projects, particularly in maternal and child health. Some of the key challenges include:

Funding Constraints: The organization is struggling to secure sufficient funds to complete the construction of the Mothers Heart Community Hospital, which aims to provide antenatal care and safe delivery services to women in the Mutoto community.

Donor Dependence: The organization relies heavily on donor funding, which can be unpredictable and unreliable, making it challenging to sustain its programs.

Clinic rent: A major challenge arose this year when our former landlord of the clinic building we rented reclaimed the property for his own use. We had to move our services to a small space and have been working ever since to construct a new building of our own so that we do not face such a challenge again.

Policy and Funding Gaps: The absence of a specific framework for maternal and child health financing, poor understanding of multisectoral collaboration, and failure to fulfill pledges and government commitments also pose challenges.

Limited Access to Healthcare: Women in the Mutoto community face challenges in accessing healthcare services due to long distances to health facilities and inadequate health infrastructure including equipment and personnel, resulting in low uptake of maternal health care services.

Maternal Mortality: Maternal mortality remains a significant challenge in Uganda, with Mutoto being one of the hard-to-reach communities with high maternal mortality rates.

THANK YOU!!



We would like to thank all our members, donors, volunteers and supporters for accompanying us in 2025. Without your support, none of this would have been possible!!

Stay loyal to us, spread the word about us and feel free to get actively involved as a volunteer (on site or remotely), as a donor and/or sponsor of a child at our school.

Compiled by

Mbulamani Jeremiah & Magdalene Graf

Mother's Heart
Uganda

